

# **Human and environmental affects on health**

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**Subjects code:** HEAH

**Year of Study:** 1. or 2.

**Lectures:** 20

**Exercises:** 30

**ECTS:** 6

## **Contents subjects**

Within the subject Human and environmental effects on health the students will acquire knowledge of the historical development, significance and effects of social sphere on development in this field.

The meaning of mutual balance among the environment, people and individual factors influencing health will be introduced. The students will be acquainted with various adaptation mechanisms. Within the frame of the subject the most important risk factors in residential environment will be presented. There will be some cases of harmful functioning of different factors in the residential environment presented which have significant influence on health. The students will acquire fundamental ways of taking measures in the field of reduction of such harmful factors in the environment.